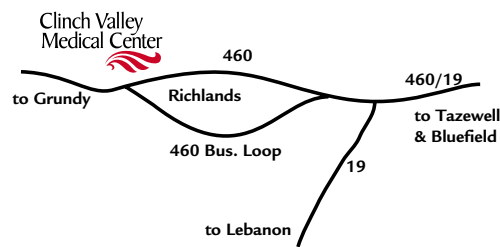


Speakers Bureau

Free program topics for your club or organization



Clinch Valley Medical Center

2949 W. Front Street
Richlands, Virginia 24641
(276) 596-6000

www.clinchvalleymedicalcenter.com

HCA Hospitals – Southwest Virginia

189-0904

Clinch Valley Medical Center



The professionals of Clinch Valley Medical Center have a wealth of knowledge on a wide variety of topics, and we love to share the wealth! If your school, club, church or other organization holds regular meetings, our free **Speakers Bureau** service is for you! Give us a call at (276) 596-6017. We'll help you select a topic (*this list is just a sampling*) and will arrange for a speaker to visit your community group.

DISEASES & CONDITIONS

Back Pain

- ❑ **Oh, My Aching Back!** Anyone who's ever experienced back pain knows how excruciating and debilitating it can be. This program features exercises and principles that help prevent back injuries, and tips on easing the pain of an aching back.

Cancer

- ❑ **Breast Cancer Early Warnings.** Regular breast X-rays and monthly self-exams can help detect breast cancer when it's small and most treatable. This program explains the signs and symptoms to watch for, and includes a hands-on demonstration, using special breast forms, that shows what a breast lump may feel like. Men and women will benefit from this talk.
- ❑ **High Tech + High Touch = CVMC Cancer Care.** Sometimes we fail to see what's in our own backyard -- such as cancer treatment tools that are among the world's most advance. This program gives an overview of the comprehensive cancer care available right here in Tazewell County, including image-guided radiation therapy and state-of-the-art diagnostics.

Childhood Development

- ❑ **Acting Their Age.** Speech or language delays, swallowing disorders, difficulty with fine motor skills -- as parents, we all have questions from time to time about our child's development. This program offers guidelines on when to seek a professional opinion, as well as an overview of treatment options available for children from birth through age 21.

Diabetes

- ❑ **Diabetes & Your Heart.** Heart disease is a serious complication of diabetes, but there are things you can do to help protect yourself and the people you love. This program offers preventative tips and signs to watch for.

Emergency Services

- ❑ **Is It an Emergency?** Some of us go to the Emergency department when a visit with our family doctor would have been the better option. And some resist going to the ED even in a true emergency, putting lives at risk. How do you decide if it's an emergency? This program offers guidelines.

Heartburn

- ❑ **"Just" Heartburn? Think Again.** Many people ignore chronic heartburn, believing it's something they just need to live with. Such thinking needlessly prolongs discomfort, but it can also lead to a much more serious condition. This program explores the causes, diagnosis and treatment of heartburn, including the sophisticated use of endoscopy.

Heart Health

- ❑ **How Do You Mend a Broken Heart?** Heart disease is a scary diagnosis, but fortunately today more people than ever survive it. This program talks about the tools available -- from prevention and diagnosis to treatment and rehabilitation -- to help keep your heart healthy and strong.

continued inside...

Clinch Valley Medical Center





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